



Welcome to the summer edition of our patient newsletter which we hope that you enjoy and find informative - if you have any feedback or questions then please feel free to contact us on (01629) 812991 or by e-mail at [reception@diamondcourtdental.co.uk](mailto:reception@diamondcourtdental.co.uk).

## Dental Implants



We are delighted to announce that **Dr Robert Bolt** (pictured) has recently joined our dental team as our new **Dental Implantologist**. Dr Bolt replaces Reiner Koschitzke who emigrated to Dubai last year and his arrival means we are now in a position to offer dental implants again at the Practice as an option to replace a missing tooth or teeth, or even as alternative to unstable dentures.

Dr Bolt is a Clinical Lecturer and registered Specialist in Oral Surgery. He is both medically and dentally qualified and is Director of the University of Sheffield "One-to-One" dental implantology course. Dr. Bolt is also lead for the University of Sheffield's undergraduate dental implantology curriculum, and delivers a number of lectures and practical classes to both undergraduate and postgraduate students throughout the year.

In addition to clinical implantology, Dr. Bolt has several research interests including pre- & peri-operative anxiety management, HPV-related oropharyngeal carcinoma, in-vitro 3D models of the implant-bone-mucosa interface, and analysis of the tumour microenvironment. He undertook a PhD investigating the role of the tumour microenvironment in HPV-related oropharyngeal carcinoma, from which he received the BOSDR Senior Colgate Prize in 2015. His current grant income includes the £1.65 million NIHR HTA "MAGIC" trial to assess the role of melatonin in managing preoperatively-anxious children, and a Royal College of Surgeons FDS Grant to assess the use of extracellular vesicles in the early detection of oropharyngeal carcinoma.

### What are dental implants?

Dental implants are titanium replacements for a missing tooth or teeth, often feeling and looking indistinguishable from the real thing. They are placed into the jaw bone and, once the area as healed, a crown or bridge is attached to fill in the gap created by the missing tooth.



**Please speak to your regular dentist if you are interested in dental implants or ask a member of our reception team for further information. Your regular dentist will be able to assess your suitability and refer you to Dr Bolt for an in-depth consultation to discuss your treatment options and the various stages involved in an implant procedure.**

Please turn over ➡



This summer, take on the  
**Big Family Brush-Up!**

## Simplyhealth's national campaign is back!

This summer, we are working with Simplyhealth (formerly Denplan) to help families understand the importance of a proper brushing routine for their oral health.

### Why take part?

Tooth decay is still a huge problem for many children, but can be entirely preventable with a good diet, regular dental visits, and a proper brushing routine. We know that many families could use a helping hand in understanding how to take care of their children's teeth. In fact, in a recent Simplyhealth survey almost two thirds of UK parents (64%) said that getting their children to brush for two minutes, twice a day, was a challenge.

You can get handy tips and download toothbrushing charts from the Big Family Brush-up website, [www.bigfamilybrushup.co.uk](http://www.bigfamilybrushup.co.uk), as well as ideas to make brush time fun! By the end of the four-week period, we hope that children will be enthusiastic about brushing and be brushing thoroughly each day.

### How does the Big Family Brush-Up work?

From June to the end of August, we're challenging families to really focus on their brushing habits for a four-week period, to ensure your children are brushing thoroughly for two minutes, twice a day. All children need to do is fill in a brushing chart every morning and night for four weeks.

#### STAFF NEWS

We would like to take this opportunity to welcome **Samantha Johnson** to the Practice. Samantha has a wealth of experience in dentistry and will combine her role as a Dental Nurse along with being one of our key receptionists.

We are very pleased to announce that Carole Parker has successfully gained a **Masters degree with distinction in Advanced General Dental Practice** from Birmingham University. Furthermore, Carole received the prestigious accolade of the Professor's Prize which recognises outstanding performance throughout the degree programme.

**Natalie Tomlinson** and **Suzie Cooper** have also successfully completed their studies and gained a **Level 3 Diploma in Dental Nursing**.

Congratulations to Carole, Natalie and Suzie — we are all extremely proud of your achievements!

## New Information Screen

We have recently installed a new patient information screen in our waiting room which is packed full of useful information, including information about the Practice and it's staff and dentistry in general, such as details on the different types of dental treatments that are readily available. The screen also informs patients when the dentist or hygienist is ready to see them so please keep an eye on the screen for your name!

